

The logo for 'Common Lane Occasionals' is centered on the page. It consists of a black rectangular box with the words 'Common Lane' in a white, bold, sans-serif font on the top line, and 'Occasionals' in a white, italicized, serif font on the bottom line. This central box is flanked by two horizontal orange bars, one above and one below.

Common Lane *Occasionals*

CLO Open 12 Mile SPOCO Time Trial

19:00 Wednesday 9th June 2021 Course: O12C Holmesfield

Promoted for and on behalf of Cycling Time Trials under their rules & regulations

Event Headquarters: Holmesfield Village Hall, Vicarage Cl, Holmesfield, Dronfield S18 7WZ

Event Organiser:

Oliver Wright 345 Baslow Road, Sheffield, S17 4AD
owright@mac.com 07505 100988

Timekeepers:

John Clarke
Malcolm Smith

Course description:

Start on B6051 in Barlow in lay-by jct with Dobbin Lane.

Proceed west along B6051 Bradley Lane/New Road/Cordwell Lane to jct with Fox Lane (1.5 miles).

Left onto Fox Lane, signposted Shillito Wood.

Forward on Fox Lane to jct with A621 (4.2 miles).

Left onto A621 westwards to Baslow TI (6 miles).

Encircle island to rejoin A621 eastwards to Owler Bar TI (11.4 miles).

Take 3rd exit onto B6054 towards Holmesfield to finish on brow of hill by Church & War memorial (12.3 miles)

Course records:

M – Connor Swift 31:08 (2017)
F – Elinor Barker 33:54 (2017)

No U Turns within sight of the start or finish

No warming up on the course once the event has started

IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard-Shell Helmets.

A working rear light, either flashing or constant, **must** be fitted to the machine in a position visible to following traffic whilst the machine is in use.

NUMBERS AND SIGNING ON WILL BE AT THE EVENT HQ: Please bring your own pen

NOTE YOU ARE NOW REQUIRED TO SIGN OUT AFTER THE EVENT WHEN YOU HAND BACK YOUR NUMBER

Keep your head up while riding and obey the rules of the road. Remember that marshals are not there to stop the traffic or advise you whether it is clear. Take responsibility for your own riding at all times. Make sure that you stay **safe** first and fast second.

COVID 19 REGULATIONS

- If you feel at all unwell or are showing signs of Covid 19 DO NOT come to this event.
- Please avoid arriving too early or you may be asked to stay in your vehicle.
- Please wear a face covering when signing in/out and collecting and returning your number.
- Please bring your own pen in order to sign on.
- There will be toilet facilities but these are not to be used as changing rooms. Due to COVID restrictions riders are requested to change in their cars.
- Please avoid gatherings in the car park. When signing on/signing out please maintain social distancing.
- Hand sanitisers will be available.
- Having finished your race you will be expected to return your number, sign out and then leave.
- Riders not adhering to the restrictions in place will not be permitted to ride, will be reported to CTT and may be refused entry to future events.
- These restrictions are not there to make it difficult for either you or the volunteers. They are there to minimise the risk of spreading COVID-19 virus.
- Thank you for your co-operation. Have a safe ride.

There will be no refreshments or results board after the event. The results will be emailed as soon as possible after the event.

Prize List:

TT Event	Road Bikes (Male)	Road Bikes (Female)
1 st : £25	1 st : £25 + £15 Aerocoach voucher	1 st : £25 + £15 Aerocoach voucher
2 nd : 15	2 nd : £15	2 nd : £15
3 rd : 10	3 rd : £10	3 rd : £10
Fastest Junior: Cycle Shop Voucher		

This event may be subject to doping control

As soon as you have finished, you should return to the HQ as it is your responsibility to check if you are required for testing

Race numbers required for doping control will be displayed at sign off

Remember to sign off after you have finished

Road Bikes

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (ie. not with forearms resting on the handlebar)
3. Wheels must have a minimum of 12 spokes each, and have a maximum rim depth of 90mm
4. Helmets must have no visor
5. Ears must not be covered by the helmet (Giro Aerohead helmets are not permitted)

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